



# Health and Mental Health Record Disclosures and Tracking

This standard describes procedures to be used when information protected by the Health Insurance Portability and Accountability Act of 1996 (HIPAA) is disclosed by Purdue's covered components. Addressed are access rights of the individual or their legal representative, to inspect, obtain a copy or direct a copy to be sent to a third party, of the individual's protected health information (PHI). It also addresses other legal disclosures to third parties and the requirements to track certain of these disclosures under HIPAA's accounting requirements.

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# Disclosure Matrix

The following Disclosure Matrix lists types of disclosures of PHI by covered components, and authorization and tracking requirements for each.

Disclosure To	Purpose of Disclosure	Authorization Required	Tracking of Disclosure Required
Child or Adult Protective Services	Report of suspected abuse or neglect	No	Yes
Child or Adult Protective Services	Request for records to monitor condition of patient (authorization from parent or court-ordered guardian)	Yes	No
Business support component, or business associate (includes University counsel)	Payment or for healthcare operations	No	No
Coroner	Identification of a deceased person or determining a cause of death	No	Yes
Court	Legal with subpoena, discovery request or other lawful process	No	Yes
Employer (REM)	Medical surveillance of the workplace	No	Yes
Healthcare provider or covered entity with a treatment relationship with our patient (referred by covered component)	Continuing care (treatment)	No (yes for mental health records)	Yes (no for mental health records)
Healthcare provider or covered entity with a treatment relationship with our patient (disclosure requested by the patient, their legal representative or directly by provider)	At the request of the patient or health plan member	Yes for state law documentation purposes	No
Healthcare provider or covered entity with a treatment relationship with our patient	Payment or healthcare operations of the recipient	No (yes if need to establish a treatment relationship or for mental health records	No
Healthcare provider or covered entity in an emergency situation	Treatment	No, but with a verbal request from patient or legal representative or request from provider on provider's letterhead	Yes (note in health record)





Disclosure To	Purpose of Disclosure	Authorization Required	Tracking of Disclosure Required
Health oversight agency	Health oversight activities	No	Yes
Individual or their legal representative	Record copies	Yes for state law documentation purposes	No
Individual or their legal representative	Treatment-related communications from the provider (e.g. information accessed on a patient portal, visit verification, instructions, forms provided by patient)	No	Yes (note in health record if disclosure by provider)
Insurer or Purdue business office	To obtain payment	No (yes for mental health records)	No
Law enforcement	Pursuant to a subpoena or for reporting crime, for purposes of averting a serious threat to health or safety or other valid exception	No	Yes
Public health agency	Public health purposes	No	Yes
Researcher	Use of identifiable PHI for research	Yes (no with IRB waiver)	No with authorization (yes if waiver granted)
Researcher	Use of limited data set for research with data use agreement	No	No
Researcher	Research on decedents' information	No	Yes
Researcher, not workforce of the covered component	Reviews preparatory to research and recruitment of participants, IRB waiver required	No	Yes
Researcher, workforce of the covered component	Reviews preparatory to research or recruitment of participants	No	No
Third party (e.g. attorney, life insurance company), not a business associate	Legal and other purposes	Yes	No

# Access to and Requests to Provide Protected Health Information (PHI) by the Patient or their Legal Representative

The Health Insurance Portability and Accountability Act of 1996 (HIPAA) requires that covered entities provide an individual or their representative the right of access to inspect and obtain a copy





of PHI about the individual in a Designated Record Set, for as long as the PHI is maintained in the Designated Record Set, except:

- Psychotherapy notes; and
- Information compiled in reasonable anticipation of, or for use in, a civil, criminal, or administrative action or proceeding.

Copies of medical or mental health records will only be provided by the entity providing the health care service. Business Support Components at Purdue, business associates or their subcontractors or agents will refer individuals to the health care service or health plan component that owns the record, to obtain record copies or to request that records are sent to a third party.

All HIPAA-covered Purdue workforce are responsible for maintaining the confidentiality and availability of individual's health information and enforcing or reporting violations of this standard to the area HIPAA Liaison (https://www.purdue.edu/legalcounsel/HIPAA%20forms%202020/liaison%20roster%200723201.pdf) or the Office of Legal Counsel (https://www.purdue.edu/legalcounsel/HIPAA/HIPAA%20Contact.html).

#### Disclosures of Medical or Mental Health Information

#### Record Copies

Staff trained and responsible for releasing health records will handle all requests for record copies, with a few exceptions, as stated in any clinic-specific releasing policy. Information disclosed by a provider to the patient, such as test results and other treatment discussions, are not considered "releases of records" (refer to *Disclosure of Medical or Mental Health Records* in <u>Definitions</u> below).

#### Disclosures to Individuals Involved in Payment or Treatment

Verbal disclosures of PHI to the patient, their representative or individuals designated as participating in the individual's payment or treatment do not require an authorization but must be noted in the health or other record, as defined by department policy.

Prior to the disclosure of PHI to someone other than to the individual who is the subject of the information, the relationship of the person to the individual must be checked.

Documentation of the patient or health plan member's indication of who is involved in their treatment or payment must be recorded in either a patient's health record, health plan member's system note or on the form "Designation of Individuals Who are Involved in My Payment or Treatment Decisions." This documentation must be checked prior to disclosing information to a person when the patient or health plan member is not present. If the person is not listed in the documentation, the patient or health plan member can be contacted to verbally provide approval





of the disclosure and the approval must be documented, when the disclosure is made, either in the health record or location as designated in departmental procedures.

# Disclosures of Health Records to a Provider for Continuing Care

Medical records may be sent to a provider to whom a referral has been made for continuing care, without patient authorization but at request of the physician to whom the patient was referred. If an authorization is provided, the wishes of the patient must be respected whether or not a referral has been made. The disclosure must be tracked in the medical record.

Mental health records will be sent to referred providers for continuing care only with patient authorization or in an emergency situation. In the exceptional case where records are sent in an emergency without authorization, the disclosure will be tracked in the client's record.

When a patient or their legal representative requests records to be sent to another provider or a request is received from a provider where a referral has not been made by the clinic, a HIPAA authorization will be obtained from the patient to document the request and treatment relationship with the provider who is receiving the record.

In an emergency situation, records will be sent with verbal request by the patient or legal representative or a written request from the treating provider on the provider's letterhead and will be documented in the record.

#### Documentation of Request

Indiana State Law requires that requests for medical and mental health records be made in writing and Purdue generally, for medical records, and always, for mental health records, uses a valid HIPAA authorization to document these requests. The Purdue Office of Legal Counsel has provided an authorization form to be used for this purpose. The form can be found on the HIPAA website at: <u>https://www.purdue.edu/legalcounsel/hipaa</u> in the Forms and Procedures section. If available, PHI may be directly accessible by the patient on a system portal, without documentation.

#### Quick Steps

When requests for access to or disclosure of PHI are received from a patient, health plan member, or their legal representative, the following steps should be followed:

Step		<b>Review Section for Details</b>
1.	Identify the individual who is the subject of the information	Verification of Identity Requirements
2.	If applicable, identify the legal representative making the request	Legal Representatives



Step		Review Section for Details
3.	If not on Purdue's form, obtain verification that the authorization is valid.	HIPAA Authorization
4.	Determine the scope of disclosure, taking into consideration any restrictions or denial of access.	Scope of Disclosure
5.	Determine the form or format in which the disclosure will be made.	Form or Format and Electronic Copies
6.	Determine the method of disclosure.	Method of Disclosure
7.	Comply with the disclosure timeframe requirements.	Timeframe for Acting on Request
8.	Document the disclosure.	Documentation of Disclosure

# Patient Access to Test Reports from a HIPAA-Covered Laboratory

As of October 6, 2014, HIPAA covered entities must comply with changes to the HIPAA and CLIA laws, 45 CFR Part 164, CLIA Program and HIPAA Privacy Rule; Patients' Access to Test Reports. This final rule amends the HIPAA Privacy Rule to provide individuals (or their personal representatives) with the right to access test reports directly from laboratories subject to HIPAA (and to direct that copies of those test reports be transmitted to persons or entities designated by the individual) by removing the exceptions for CLIA certified laboratories and CLIA-exempt laboratories from the provision that provides individuals with the right of access to their PHI. These changes to the CLIA regulations and the HIPAA Privacy Rule provide individuals with a greater ability to access their health information, empowering them to take a more active role in managing their health and health care.

# **Disclosures of Test Reports**

HIPAA provides an individual the right to access their information maintained in one or more Designated Record Sets by a HIPAA-covered laboratory, for as long as the information is maintained by the laboratory. This right extends to test reports and other information about the individual in a Designated Record Set maintained offsite, archived, or created before April 7, 2014.

A HIPAA-covered laboratory is required to provide an individual with access only to that information that it actually maintains about the individual in a Designated Record Set at the time the request for access is fulfilled. Test reports are not considered to be part of the Designated Record Set until they are "complete," when all results associated with an ordered test are finalized and ready for release.

If the clinic utilizes an external laboratory for testing and the patient or their representative wishes to request test reports directly from the laboratory, the clinic will provide this contact information, upon request.





In certain circumstances, access to PHI may be denied in whole or in part. Please review the section addressing *Denial of Access to PHI*. Also, if the lab conducts anonymous testing and cannot properly identify the person, they are not required to give the results to the requesting individual.

Review the requirements for verification of an individual's status as a legal representative in the section, *Legal Representatives*.

#### Documentation of Request for Test Reports

A patient or their legal representative may request test reports from a laboratory in electronic or paper format. Indiana State Laws require that requests for copies of health records be made in writing.

Patients requesting lab test reports will be asked to access the information directly in the patient portal, if available. If not available, if the patient refuses this option, or if a legal representative is making the request, the patient will be forwarded to the appropriate personnel trained to release health records and the request will be documented using a valid HIPAA authorization form. Requests for paper, electronic and transfers of information to another person or entity can also be securely completed by health record releasing personnel.

#### Individuals Providing Record Copies

Please refer to the section, *HIPAA Authorization*, for more information about use of the authorization form.

Prior to any disclosure of PHI, a covered component must verify the identity of a person requesting PHI and the authority of any such person to have access to PHI, if the identity or any such authority of such person is not known to the covered component; and obtain any documentation, statements, or representations, whether oral or written, from the person requesting the PHI. Please refer to *Legal Representatives* and *Verification of Identity Requirements* sections for details.

# Scope and Content of Disclosure

Refer to the *Scope of Disclosure* section for guidance regarding the content of information to be disclosed.

Laboratories are not required to interpret test reports for individuals. An individual has a right to receive a copy of their information maintained by or on behalf of a HIPAA-covered laboratory in a designated record set, which may include the official test report that is also provided to the individual's provider.





Individuals have the right to request their health records in electronic format. Please refer to the *Form or Format and Electronic Copies* section for more details about the requirements.

Also, refer to the *Documentation of Disclosure* section for details regarding appropriate documentation of the disclosure.

### Timeframe for Laboratory Access to Test Reports

The timeframe for providing PHI to patients or their legal representatives is explained in the *Timeframe for Acting on Request* section.

In addition, regarding lab tests, in rare cases where the end of the initial 30-day period after an individual's request for access is approaching and, due to the nature of the test, the laboratory is just completing the test report, the laboratory may delay providing access to the individual to ensure the completed test report is provided first to the individual's provider, so long as the delay is no more than 30 days and the individual is informed in writing of the reason for the delay and the date by which the laboratory will provide the individual with access. However, laboratories may have only one extension.

# When Tracking of the Disclosure is Required (Refer to Disclosure Matrix)

Certain disclosures, as described below, do not require an authorization but must be tracked either on the Record of Disclosure form, on a form provided by the receiving entity (e.g. Indiana State Department of Health), as an entry in the patient health record or other system or file, as specified in departmental procedures.

Refer to *Tracking of Disclosures* for more details about the tracking process.

#### **DISCLOSURE NOTES:**

Disclosures to Child or Adult Protective Services to Report Suspected Abuse or Neglect

Reports to the Department of Child Services of Suspected Abuse or Neglect: In accordance with applicable Indiana law, when Purdue or its clinics have a reasonable belief that a child is a victim of child abuse or neglect, the Clinic will make a verbal report to the Indiana Department of Child Services (DCS) or to local law enforcement. If Purdue makes an initial report of suspected child abuse or neglect, portions of the child's health record, necessary to provide evidence of the suspected abuse or neglect, may be provided upon request by DCS or local law enforcement, but only the minimum necessary records will be released for this purpose. A physical exam, photographs or x- rays may be taken and provided, as needed, to support the verbal report. This disclosure is not pursuant to an authorization and so, it must be tracked.





Request for Health Records after the Initial Report or Other General Requests for Information: Requests for additional information or records, typically for follow up or other purposes, or any other information requested by DCS must be accompanied by a legal HIPAA- compliant authorization signed by the parent, guardian or legal custodian of the minor and, if applicable, guardianship documentation, or court order. In this case, an authorization or court order is provided and the disclosure does not need to be tracked.

DCS is required to obtain written authorization from the alleged victim's parent, guardian, or custodian prior to obtaining:

- 1. Any mental health assessment or treatment records;
- 2. Any medical records for the alleged child victim that were not a part of the initial report from the provider, and
- 3. Any alcohol use and/or substance abuse assessment or treatment records.

**Exception:** If the alcohol use/substance abuse records pertain to treatment that a minor who had the legal capacity to consent to such treatment received through his or her own voluntary consent, that minor is generally the only one who may consent to the release of the records, and he or she does not need additional consent of the parent, guardian, or custodian.

In cases where written authorization has not been provided, DCS must generally seek a court order authorizing the disclosure of information.

- Disclosures to Foster Parents who are Under the Direction of DCS: Foster parents may obtain treatment for children who are under their care at Purdue's clinics. <u>They should be able to</u> provide a letter from DCS that states that they have guardianship of the children and may obtain medical care.
  - 1. **Record Requests:** Treatment notes and instructions related to the current visit can be given to the foster parents, however, additional medical records cannot be shared with the foster parents. The foster parents should be referred to DCS who can request medical records with either an authorization from the parents or a court order.
  - 2. **Provider Referrals:** Requests for records to be sent to other providers for referral purposes should come only from DCS, <u>not the foster parents</u>. DCS will provide either a written parental authorization or a court order documenting guardianship.
- Information Provided to Local Child Fatality Review Teams: If DCS requests information as a part of a Local Child Fatality Review Team, Purdue may release information requested by the Team in its official capacity pursuant to I.C. 16-49-3-5. Purdue will require that all such requests be made in writing together with appropriate written verification that the request is being made by a duly constituted and appointed Local Child Fatality Review Team. In this case, the disclosure will be tracked.

Should DCS question Purdue's requirements for obtaining records, provide the letter titled "Provision of Health Records to the Indiana Department of Child Services" to the requestor. The letter directs the recipient to contact Purdue's Office of Legal Counsel if they have further questions.





### Disclosures to a Coroner or Medical Examiner

PHI may be disclosed to a coroner or medical examiner for the purpose of identifying a deceased person, determining a cause of death, or other duties as authorized by law. The disclosure can only be made to the coroner or medical examiner. If a law enforcement official calls requesting the information on behalf of the coroner or medical examiner, tell the official that you must speak to the coroner or medical examiner directly.

# <u>Disclosures to a Court of Law or Law Enforcement Official Pursuant to a Subpoena</u>, Discovery Request or Other Lawful Process

Should a request for PHI be received by way of a subpoena, discovery request or other court document, the document will be sent to the campus Public Records Officer for validation. If the request is valid, the Public Records Officer will request PHI from the covered entity and will make the disclosure to the entity legally authorized to obtain the information. When the PHI is delivered to the Officer, a copy of the legal document must be retained, typically in the patient health record and according to department procedures.

#### Disclosures to a Health Oversight Agency

Disclosures to a health oversight agency as requested in writing for health oversight activities, must be tracked in the patient health record or as specified in clinic procedures. The written request must also be retained.

#### Disclosures to Law Enforcement

Disclosures to law enforcement will be addressed as summarized, below.

- Required by Law: As required by law, including laws that require the reporting of certain types of wounds or other physical injuries or as required by court order or court-ordered warrant, or a subpoena or summons. In the case of a court order, warrant, subpoena or summons, verify with University Counsel prior to disclosing.
- Decedents: A covered component may disclose PHI about an individual who has died to a law enforcement official for the purpose of alerting law enforcement of the death of the individual if the covered component has a suspicion that the death may have resulted from criminal conduct.
- Crime on premises: A covered component may disclose to a law enforcement official PHI that the covered component believes in good faith constitutes evidence of criminal conduct that occurred on the premises.
- Limited information for identification and location purposes: PHI may be disclosed in response to a law enforcement official's request for such information for the purpose of



identifying or locating a suspect, fugitive, material witness, or missing person, provided that only the following information is given:

Name and Address	Date and Place of Birth
Social Security Number	ABO Blood Type and Rh Factor
Type of Injury	Date and Time of Treatment
Date and Time of Death, if applicable	A Description of Distinguishing Physical Characteristics, including height, weight, gender, race, hair and eye color, presence or absence of facial hair (beard or moustache),
	scars, and tattoos

The covered component <u>may not disclose</u> for this purpose any PHI information related to the individual's DNA or DNA analysis, dental records, or typing, samples or analysis of body fluids or tissue.

- Victims of a crime: A covered component may disclose PHI in response to a law enforcement official's request for information <u>about an individual who is or is suspected to be a victim of a crime</u>, *only if*:
  - $\checkmark$  The individual agrees to the disclosure; or
  - ✓ The covered component is unable to obtain the individual's agreement because of incapacity or other emergency circumstance, provided that:
    - (A) The law enforcement official represents that such information is needed to determine whether a violation of law by a person other than the victim has occurred, and such information is not intended to be used against the victim;
    - (B) The law enforcement official represents that immediate law enforcement activity that depends upon the disclosure would be materially and adversely affected by waiting until the individual is able to agree to the disclosure; and
    - (C) The disclosure is in the best interests of the individual as determined by the covered component, in the exercise of professional judgment.
- Reporting crime in emergencies: A covered health care provider providing emergency health care in response to a medical emergency, that occurred other than on the premises of the provider, may disclose PHI to a law enforcement official if the disclosure is necessary to alert law enforcement to:
  - $\checkmark$  The commission and nature of a crime;
  - $\checkmark$  The location of the crime or of the victim(s) of the crime; and
  - $\checkmark$  The identity, description, and location of the perpetrator of the crime.
- Disclosures about victims of abuse, neglect or domestic violence: Except for reports of child abuse or neglect, a covered component may disclose PHI about an individual whom the covered component reasonably believes to be a victim of abuse, neglect, or domestic violence to a government authority, including a social service or protective services agency, authorized by law to receive reports of such abuse, neglect, or domestic violence:





- ✓ To the extent the disclosure is required by law and the disclosure complies with and is limited to the relevant requirements of the law;
- $\checkmark$  If the individual agrees to the disclosure; or
- $\checkmark$  To the extent the disclosure is expressly authorized by statute or regulation and:
  - (A) The covered component, in the exercise of professional judgment, believes the disclosure is necessary to prevent serious harm to the individual or other potential victims; or
  - (B) If the individual is unable to agree because of incapacity, a law enforcement or other public official authorized to receive the report represents that the protected health information for which disclosure is sought is not intended to be used against the individual and that an immediate enforcement activity that depends upon the disclosure would be materially and adversely affected by waiting until the individual is able to agree to the disclosure.
- Informing the individual: A covered component that makes a disclosure about victims of abuse, neglect or domestic violence, must promptly inform the individual that a report has been or will be made, except if:
  - ✓ The covered component, in the exercise of professional judgment, believes informing the individual would place the individual at risk of serious harm; or
  - ✓ The covered component would be informing a personal representative, and the covered component reasonably believes the personal representative is responsible for the abuse, neglect, or other injury, and that informing that person would not be in the best interests of the individual as determined by the covered component, in the exercise of professional judgment.

# <u>Disclosures to Public Health Agencies (e.g. Indiana State Department of Health, the County</u> <u>Health Departments)</u>

Disclosures without authorization may be made to public health agencies, as required by law, for the reporting of disease, injury, vital events such as birth or death, and the conduct of public health surveillance, public health investigations, and public health interventions; or, at the direction of a public health authority, to an official of a foreign government agency that is acting in collaboration with a public health agency.

#### Disclosures to The Federal Drug Administration (FDA)

A person subject to the jurisdiction of the Food and Drug Administration (FDA) with respect to an FDA-regulated product or activity for which that person has responsibility, for the purpose of activities related to the quality, safety or effectiveness of such FDA-regulated product or activity. Such purposes include:





- To collect or report adverse events (or similar activities with respect to food or dietary supplements), product defects or problems (including problems with the use or labeling of a product), or biological product deviations;
- ➢ To track FDA-regulated products;
- To enable product recalls, repairs, or replacement, or lookback (including locating and notifying individuals who have received products that have been recalled, withdrawn, or are the subject of look back); or
- > To conduct post marketing surveillance.

#### Disclosures of Data Provided to a Researcher (not workforce of the covered component)

Requests for PHI from a researcher for preparatory to research purposes (preliminary analysis or participant recruitment) must be made through the covered component's HIPAA liaison. If the researcher is not a member of the covered component's workforce, a waiver must be granted from the IRB and the disclosures will need to be tracked.

Researchers using PHI for preparatory to research purposes must agree that:

- Use or disclosure is sought solely to review PHI as necessary to prepare a research protocol or for similar purposes preparatory to research;
- No PHI is to be removed from the covered component by the researcher in the course of the review; and
- > The PHI for which use or access is sought is necessary for the research purposes.

# Disclosures of Data for Research on a Decedent's Information

Requests by a researcher for research conducted using PHI about a decedent, will be made to the covered component's HIPAA liaison. The liaison will secure from the researcher a written:

- > Representation that the use or disclosure sought is solely for research on the PHI of decedents;
- > Documentation of the death of the individuals (e.g. death certificates); and
- Representation that the PHI for which use or disclosure is sought is necessary for the research purposes.

# General Requirements

# Denial of Access to PHI

The HIPAA Privacy Rule provides that a covered component may deny access to an individual to their PHI in certain situations and in some cases the individual may request review of the grounds



for denial. Information determined by the patient's provider to be designated as "denied for access", must be documented in the health record according to clinic health or mental health record procedures.

# Unreviewable Grounds for Denial

A covered component may deny an individual access, <u>without providing the individual an</u> <u>opportunity for review</u>, in the following circumstances:

- PHI maintained by a covered component that is: An individual's access to PHI created or obtained by a covered health or mental health care provider in the course of research that includes treatment may be temporarily suspended for as long as the research is in progress, provided that the individual has agreed to the denial of access when consenting to participate in the research that includes treatment, and the covered provider has informed the individual that the right of access will be reinstated upon completion of the research.
- ➤ An individual's access may be denied if the PHI was obtained from someone other than a health or mental health care provider under a promise of confidentiality and the access requested would be reasonably likely to reveal the source of the information.

#### <u>Reviewable Grounds for Denial</u>

A covered component may deny an individual access in the following circumstances, <u>provided</u> that the individual is given a right to have the denial reviewed:

- A licensed health care professional has determined, in the exercise of professional judgment, that the access requested is reasonably likely to endanger the life or physical safety of the individual or another person;
- The PHI makes reference to another person (unless the other person is a health care provider) and a licensed health care professional has determined, in the exercise of professional judgment, that the access requested is reasonably likely to cause substantial harm to this other person; or
- The request for access is made by the individual's personal representative and a licensed health care professional has determined, in the exercise of professional judgment, that the provision of access to such personal representative is reasonably likely to cause substantial harm to the individual or another person.

# Review of a Denial of Access

<u>If access is denied on a reviewable ground</u>, the individual has the right to have the denial reviewed by a licensed health care professional who is designated by the covered component to act as a reviewing official and who did not participate in the original decision to deny. After the review, the covered component must provide or deny access in whole or in part to PHI in accordance with the determination of the reviewing official, and to the extent possible, give the individual access to any other PHI requested.





Requests to review a denial must be received from the patient or their legal representative in writing and provided to the Office of Legal Counsel. The Office of Legal Counsel will work with the clinic to designate the reviewing official and will coordinate a response to the patient.

#### Denial where the Grounds are Reviewable

In the case of a denial of access to PHI in whole or in part, the covered component must provide written denial to the individual, no later than 30 days after receipt of the request.

The denial must be in plain language and contain:

- The basis for the denial;
- If applicable, a statement of the individual's review rights and a description of how the individual may exercise these rights; and
- A description of how the individual may complain to the covered component or to the Secretary of Health and Human Services. Purdue's Office of Legal Counsel is responsible for receiving HIPAA Privacy Complaints and is able to provide further information about matters covered by the Notice of Privacy Practices.

#### Documentation of Disclosure

The authorization form received for request of record copies will be scanned into the patient's electronic health record or placed into the paper record, as applicable.

#### Written Documentation of the Person Making the Disclosure

In all cases where a written authorization or other written request for the release of medical or mental health records is obtained, the following information must be written on the clinic copy of the authorization and scanned into the health record:

- the printed name and signature of the employee who disclosed the protected health information,
- the date the information was provided or sent,
- where the information was sent (e.g. mailing address, fax number, delivery in person), <u>if not</u> documented elsewhere on the authorization,
- > the method of delivery, i.e. faxed, mailed, etc., and
- when a HIPAA authorization is signed by the patient or their representative in person, the staff member responsible for observing the signing of the form, must sign the "Witnessed" blank on the bottom of the form.





# Form or Format and Electronic Copies

A covered component must provide the individual with access to the PHI in the form or format requested by the individual, if it is readily producible, or, if not, in a readable hard copy form or such other form or format as agreed to by the covered component and the individual.

#### **Summaries**

The covered component may provide the individual with a summary of the PHI requested, in lieu of providing access to the PHI or may provide an explanation of the PHI to which access has been provided, if:

- > The individual agrees in advance to such a summary or explanation; and
- The individual agrees in advance to the fees imposed, if any, by the covered component for such summary or explanation.

#### Electronic Copies

If an individual requests an electronic copy of PHI that is maintained electronically in one or more Designated Record Sets, the covered health care component must provide the individual with access to the electronic information in the electronic form and format requested by the individual, if it is readily producible, or, if not, in a readable electronic format as agreed to by the covered component and the individual. Covered components must provide individuals with some kind of readable electronic copy and images must be included, if requested. If the individual refuses the electronic copy that is readily producible, only then may a paper copy be provided. For example, this would include providing the individual with an electronic copy of the PHI in the format of MS Word or Excel, text, HTML, or text based PDF, among other formats.

In addition, it is encouraged that covered components make available to individuals, upon request, an electronic copy of their PHI in machine-readable formats (such as in HL7), which will enable individuals to use their PHI in electronic health information tools, such as personal health records, if they choose. A PDF, however, is a widely recognized format that would satisfy the electronic access requirement if it is the individual's requested format or if the individual agrees to accept a PDF instead of the individual's requested format.

Individuals also may request that a covered component transmit an electronic copy of the PHI. In electronically transmitting copies of PHI to individuals, HIPAA-covered components are required to comply with the HIPAA Security Rule, which, among other requirements, requires implementation of technical security measures to guard against unauthorized access to electronic PHI that is being transmitted over an electronic communications network. As a security measure, the Security Rule requires encryption when transmitting electronic PHI. Many electronic health record systems provide secure messaging capabilities and the HIPAA Communication Guidelines or ITaP Security and Policy area can be referenced for acceptable alternatives.





#### Provision of Electronic Copies

In most cases, an electronic copy of PHI is provided on a CD to the requesting individual. The CD will be encrypted when provided, consistent with our goal of protecting patient confidentiality. Contact ITaP Security and Policy, itpolicy@purdue.edu for encryption instructions.

Covered components are not responsible for safeguarding information once delivered to the individual but are responsible for electronically transmitting the information securely. In the case where an individual requests transmission over the internet to themselves or a third party, Purdue provides a secure tool, FileLocker, for electronically forwarding files to individuals. The instructions for use can be found at: https://www.itap.purdue.edu/service/catalog/security/filelocker.html. Other alternatives may also be available. Contact ITaP Security and Policy, itpolicy@purdue.edu to discuss options.

#### HIPAA Authorization

Only the Purdue version, or an authorization approved by the Office of Legal Counsel, is accepted. A sample authorization form indicating the information to be entered is included with this document. A copy of the signed document will be offered to the individual authorizing the disclosure. Should the individual refuse a copy, the box will be checked at the bottom of the form stating, "A copy of this form was offered and declined".

The authorization will be maintained in the patient medical or mental health record, in the format as determined by the area HIPAA liaison, for 6 years after creation or effective date, whichever is later.

HIPAA-covered components, including laboratories, will be required to abide by an individual's request to have the covered component transmit the copy of the individual's PHI to another person or entity designated by the individual. Such requests must be made in writing and through personnel designated and trained to release health records. Purdue's authorization form is used for this purpose. The authorization must be signed by the individual, clearly identify the designated person or entity, and provide information regarding where to send the copy of the PHI.

Individuals or their representatives may choose to revoke an authorization either before or after release of their PHI. Refer to the section, *Revoking an Authorization*, for instructions on how to address this issue.

#### Legal Representatives Authorized to Request Information

Indiana State Law dictates who may act as a "personal representative" under HIPAA for an individual.

Adult Patients: An adult patient (generally someone who is 18 years old or older) may request medical information through a person acting as the person's legal representative. These include





someone who has been appointed as a power of attorney for the patient or an individual who has been appointed by a court to serve as the guardian of the patient. An individual acting in the capacity of a power of attorney or a guardian must provide signed documentation of a representative's ability to request records about an individual. Any questions about the documentation should be directed to the Office of Legal Counsel. A copy of the signed papers must be kept with the patient's record and the legal representative must sign a release of information.

- Minor Patients: Health records of a minor patient (generally someone who is under the age of eighteen years), may be requested by the minor patient's parents, unless a guardian has been appointed for the minor patient. If a guardian has been appointed, requests for records should be processed in the same manner as stated above. The names of the minor's parents or guardian should be requested on the form used to collect information about new patients. In general, minors may not request their own medical records except in the case where a minor is emancipated or consents to care as allowed under the law. There are three situations when the parent would not be the minor's personal representative. These exceptions are:
  - 1. When the minor is the one who consents to care and the consent of the parent is not required under State or other applicable law. For example, if a minor has sought family planning services and wishes this information to be kept confidential, then a parent may not have access to this information,
  - 2. When the minor obtains care at the direction of a court or a person appointed by the court, such as when the minor has been placed in the custody of the Department of Family Services, or has a court appointed guardian ad litem or CASA and,
  - 3. When, and to the extent that, the parent agrees that the minor and the health care provider may have a confidential relationship.

However, even in these exceptional situations, the parent may have access to the health records of the minor related to this treatment if the patient voluntarily consents to parental access.

Child Protective Services: When Child Protective Services (CPS) wishes to obtain records or follow up information about a child's health status (after the initial report), either CPS will need to have a power of attorney or more typically guardianship documentation, assigning them guardianship rights to the child. Also, an authorization signed by the parent or the legal guardian is required as documentation of the records requested. A letter from CPS without documentation from the court is not sufficient, including when the patient is deceased. If CPS is the guardian, an authorization should be signed by CPS.

# Deceased Individual

• <u>Health Records</u>: Health records of a deceased patient may be requested by a coroner or by the court appointed personal representative of the patient's estate. A personal representative will be able to provide a letter of administration (if there is no will) or a letter testamentary (if there is a will). A copy of this paperwork must be maintained with the signed authorization.





If the deceased individual does not have a court appointed personal representative, the surviving spouse of the deceased patient may make a request. If there is no surviving spouse, an adult child of the deceased patient or the parent, guardian, or custodian of the deceased patient's child, if the child is a minor or not competent, may make a request. If the deceased individual is a minor child, then a parent or the parents may make a request for health information.

A valid HIPAA authorization, signed by the requestor of the records, must be provided to the clinic prior to the release of the records. If Purdue's authorization form is not used, the form must be approved by Purdue's Office of Legal Counsel.

• <u>Mental Health Records:</u> Mental health records of a deceased patient may be requested by a coroner or by the court appointed personal representative of the patient's estate. A personal representative will be able to provide a letter of administration (if there is no will) or a letter testamentary (if there is a will). A copy of this paperwork must be maintained with the signed authorization.

If the deceased individual does not have a court appointed personal representative, the surviving spouse of the deceased patient may make a request. If there is no surviving spouse, any responsible member of the patient's family, including a parent, guardian, or custodian of the deceased patient's minor child may make a request.

If the deceased individual is a minor child, then a parent or the parents may make a request for health information.

A valid HIPAA authorization, signed by the requestor of the records, must be provided to the mental health facility prior to the release of the records. If Purdue's authorization form is not used, the form must be approved by Purdue's Office of Legal Counsel.

Abuse, Neglect or Domestic Violence: The HIPAA Privacy Rule allows a covered component to elect not to treat a person as the personal representative of an individual if the covered component has a reasonable belief that the individual has been or may be subjected to domestic violence, abuse, or neglect by the person, and the covered component, in the exercise of professional judgment, decides that it is not in the best interests of the individual to treat the person as the individual's personal representative.

# Method of Disclosure

The method used to provide information to a recipient would include paper or electronic versions in person, US postal or campus mail, fax, electronic transmission. The method of delivery must be secure and in compliance with the University Data Handling and Disposal Guidelines. Also, the HIPAA Communications and Office Security Guidelines should be referenced for information about securing PHI while in transit. Note that PHI may *never* be sent via unencrypted e-mail.





### QUICK REFERENCE:

Mailed Paper	Envelope (fill out To and From completely, do not mark confidential)
CD	Use encrypted CD
Electronic Transmission	Use encryption tool, like Filelocker
Fax	Use a cover sheet filled out completely and verify the fax number, if necessary

#### **Revoking an Authorization**

A request to revoke an existing authorization may be made in person and documented on the original authorization, or remotely in writing, and can be requested by either the individual who is the subject of the protected health information or their legal representative.

If the request is to modify an existing authorization, the authorization must first be revoked and then a new authorization executed.

If the request to revoke is made by the individual's legal representative, review the legal requirements for verification of an individual's status as a legal representative in the section, *Legal Representatives*, prior to processing the request.

- Revocation Received in Person: To revoke the authorization, the following information will be added to the authorization page where indicated on the second page of the Purdue form, or written where space allows on a non-Purdue form:
  - o date authorization revoked,
  - check box to indicate "in-person revocation request",
  - individual or legal representative printed name, relationship to individual (if not individual) and signature
  - employee printed name and signature.

The word "REVOKED" must be written prominently across the front page of the authorization.

Revocation Request Received Remotely: To revoke an authorization remotely, the patient or their legal representative may provide a letter or use Purdue University's Request to Revoke Authorization form, found at: <u>https://www.purdue.edu/legalcounsel/HIPAA%20forms%202020/requestrevokeauth-20201.pdf</u>.

Remote requests for revocations must be in writing and <u>will be effective when processed by</u> the covered component, not when written.





To process the revocation, the following information will be added by the department or clinic receiving the request, to the authorization page where indicated on the second page of the Purdue form, or written where space allows on a non-Purdue form:

- o date authorization revoked (This is the date the revocation is processed.),
- o check box to indicate "written revocation request-enclosed with authorization",
- individual or legal representative printed name, relationship to individual (if not individual) and signature
- employee printed name and signature.

The word "REVOKED" must be written prominently across the front page of the authorization.

If the written request for revocation is received remotely, <u>a letter must be sent by the HIPAA</u> <u>liaison or their designee to the individual notifying them of the effective date of the revocation.</u> A letter template is available at <u>https://www.purdue.edu/legalcounsel/HIPAA%20forms%202020/revocation-</u> <u>letterverifyingrevocationtemplate-20202.pdf</u>.

- Modification of Authorization: If a request for modification of an authorization is received, the original authorization will be revoked and the individual will need to sign a new authorization form to execute the change.
- Documentation of Request: The revoked authorization, letter or form requesting revocation, letter notifying patient of revocation, and any new authorizations, if applicable, must be scanned into the electronic health record system or maintained in another file designated to maintain authorizations, as determined by the area HIPAA liaison.

#### Scope of Disclosure

Only the information specified for release in the HIPAA authorization will be provided. Information that is legally restricted or subject to a denial of access (refer to the section addressing *Denial of Access to PHI*) will not be disclosed.

If a letter accompanies the authorization and requests less information than authorized, the information requested in the letter will be provided. If the letter requests more information than is authorized, only the information specified in the authorization will be provided.

Legal Restrictions: Information specified within an approved Request for the Restriction of the Use or Disclosure of PHI form or as documented by the health provider, will not be disclosed in compliance with the restrictions agreed to within that document. Approved restrictions must be documented in the patient medical or mental health record and the existence must be checked prior to disclosure. The area HIPAA liaison will determine how the restriction or a denial of access will be documented, to ensure that staff are aware of and in compliance. The procedures for requesting a restriction can be found at:





https://www.purdue.edu/legalcounsel/HIPAA%20forms%202020/requestforrestrictionofphip olicy-20201.pdf.

The procedures for documenting restrictions or denial of access will be included in individual clinic procedures.

# Timeframe for Acting on Request

Covered components must act on a request for access to an individual's health information no later than 30 days after receipt of the request as follows:

- If the covered component grants the request, in whole or in part, it must inform the individual of the acceptance of the request and provide the access requested.
- If the covered component denies the request, in whole or in part, it must provide the individual with a written denial, in accordance with *Denial of Access to PHI*.

If the request for access is for <u>PHI that is not maintained or accessible to the covered component</u> <u>on-site</u>, the covered component must take action to accept or deny the request but by no later than 60 days from the receipt of the request.

If the covered component is unable to take an action to accept or delay the request within the time required, as applicable, <u>the covered component may extend the time by no more than 30 days</u>, <u>provided that</u>:

- ➤ The covered component, within the 30 or 60 day time limit, as applicable, provides the individual with a written statement of the reasons for the delay and the date by which the covered component will complete its action on the request; and
- The covered component may have only one such extension of time for action on a request for access.

# Verification of Identity Requirements

Prior to any disclosure of PHI, a covered component must:

- > verify the identity of a person requesting PHI,
- verify the identity of the person to whom the PHI pertains, and
- > the authority of the requestor to have access to PHI.

If the individual requesting health information cannot provide enough information to properly identify the individual, the covered component is not required to give the results to the individual requesting access.





# Patient Requests

For all written requests for record copies, <u>if the requestor is the patient</u>, the following identifiers of the requestor must be provided either on a photo ID or provided verbally, if a photo ID is not available: <u>individual's name</u>, <u>PUID</u>, and date of birth.

If no PUID is available, individual's name, date of birth, and local address must be provided.

These identifiers must be compared to the patient identity in the health record, prior to the disclosure of protected health information.

#### Legal Representatives

The identity of the patient must be verified by the legal representative providing verbally: individual's name, PUID, and date of birth.

If no PUID is available, individual's name, date of birth, and local address must be provided.

To properly identify the legal representative and their authority to obtain an individual's protected health information, a photo ID should be requested and must be compared against the identifiers on the documentation of legal representation, and in the case of a minor, the documentation of the identity of the minor's parents.

Of a patient or health plan member is a minor, the names of parents must be collected at the time of patient registration. For health plan purposes, the name of a minor's parent or guardian would be listed on the health plan enrollment.

# Tracking of Disclosures

HIPAA requires tracking of certain disclosures of protected health information. Patients have the right to request a list of these disclosures that occurred during the 6 years prior to the request. The covered component's health information management office, with assistance from the Office of Legal Counsel, is responsible for compiling the accounting of disclosures when requested by the individual. The Office of Legal Counsel will coordinate this effort and will respond to the individual when complete.

The disclosures that are tracked and will be reportable to the individual include:

- Required by law (i.e. reports of animal bites),
- > For judicial and administrative proceedings (i.e., Subpoenas, court orders, etc.),
- > Certain disclosures for law enforcement purposes,
- Required for public health activities (i.e. reporting of disease to the Indiana State Department of Health),





- > Required disclosures about victims of abuse, neglect or domestic violence,
- > For reporting crime or for purposes of averting a serious threat to health or safety,
- For research (i.e. where the researcher has obtained a waiver but not where an authorization was obtained or pursuant to a limited Data Set Agreement),
- ➤ For health oversight activities (i.e. audits by an oversight agency),
- > To the coroner (i.e. for identifying a deceased person),
- To avert a threat of serious injury (i.e. disclosure to a person who can prevent the threat or to law enforcement),
- Unlawful or unauthorized disclosures (i.e. inadvertent disclosures) (uses or disclosures that violate the Privacy Rule and/or minimum necessary standard).

Additionally, disclosures to persons other than to the patient or their health plan member will also be tracked either in the medical or mental health record, in notes in the health plan system or files maintained by business support components.

The information tracked for each disclosure will be:

- > The date of the disclosure,
- The name of the entity or person who received the protected health information and, if known, the address of such entity or person,
- > A brief description of the protected health information disclosed, and
- A brief statement of the purpose of the disclosure that reasonably informs the individual of the basis for the disclosure or, in lieu of the statement, a copy of a written request for a disclosure, if any.

#### Multiple Disclosures

If, during the period covered by the accounting, the covered component has made <u>multiple</u> <u>disclosures</u> of protected health information to the same person or entity <u>for a single purpose</u>, the accounting may, with respect to such multiple disclosures, provide:

- > The information listed above for the first disclosure during the accounting period,
- The frequency, periodicity, or number of the disclosures made during the accounting period, and
- > The date of the last such disclosure during the accounting period.





#### Research Accounting where a Waiver has been Granted

If, during the period covered by the accounting, the covered component has made disclosures of PHI for a particular <u>research purpose</u> for 50 or more individuals, and where there has been a waiver granted by the IRB, the accounting will include:

- > The name of the protocol or other research activity,
- A description, in plain language, of the research protocol or other research activity, including the purpose of the research and the criteria for selecting particular records,
- > A brief description of the type of protected health information that was disclosed,
- The date or period of time during which such disclosures occurred, or may have occurred, including the date of the last such disclosure during the accounting period,
- > The name, address, and telephone number of the entity that sponsored the research and of the researcher to whom the information was disclosed, and
- A statement that the protected health information of the individual may or may not have been disclosed for a particular protocol or other research activity.

If the covered component provides an accounting for research disclosures, and if it is reasonably likely that the PHI of the individual was disclosed for the named research protocol or activity, the covered component shall, at the request of the individual, assist in contacting the entity that sponsored the research and the researcher.

# Other Information

#### Fees

Generally, Purdue University is allowed to charge for copies. Fees are established by applicable laws and in some instances, such as records provided for treatment purposes, fees cannot be imposed. Any questions about allowable copy charges should be referred to your business office.

#### <u>State Law Preemption – Laboratories</u>

As of April 7, 2014, the Privacy Rule preempts state laws that prohibit a laboratory from releasing a test report directly to the individual or that prohibit the release without the ordering provider's consent. This final rule applies only to laboratories. State laws that place requirements on other types of health care providers, such as those requiring a provider to discuss with and counsel a patient on HIV test results are not preempted by this final rule.





# **Definitions**

#### Designated Record Set means:

- (1) A group of records maintained by or for a covered component that is:
  - (i) The medical records and billing records about individuals maintained by or for a covered health care provider;
  - (ii) The enrollment, payment, claims adjudication, and case or medical management record systems maintained by or for a health plan; or
  - (iii)Used, in whole or in part, by or for the covered component to make decisions about individuals.
- (2) The term *record* means any item, collection, or grouping of information that includes protected health information and is maintained, collected, used, or disseminated by or for a covered component.

*Disclosure of Medical or Mental Health Records:* Provision in paper or electronic form of all or a subset of the patient's medical or mental health record. Oral discussions or written instructions about treatment status, alternatives, or test results between a provider and the patient or their representative are not considered a release of records. Examples of disclosures to the patient or their representative not requiring an authorization include: visit verification letters, patient instructions, forms provided by the patient for the provider to fill out, test results and other information obtained in a patient portal.